



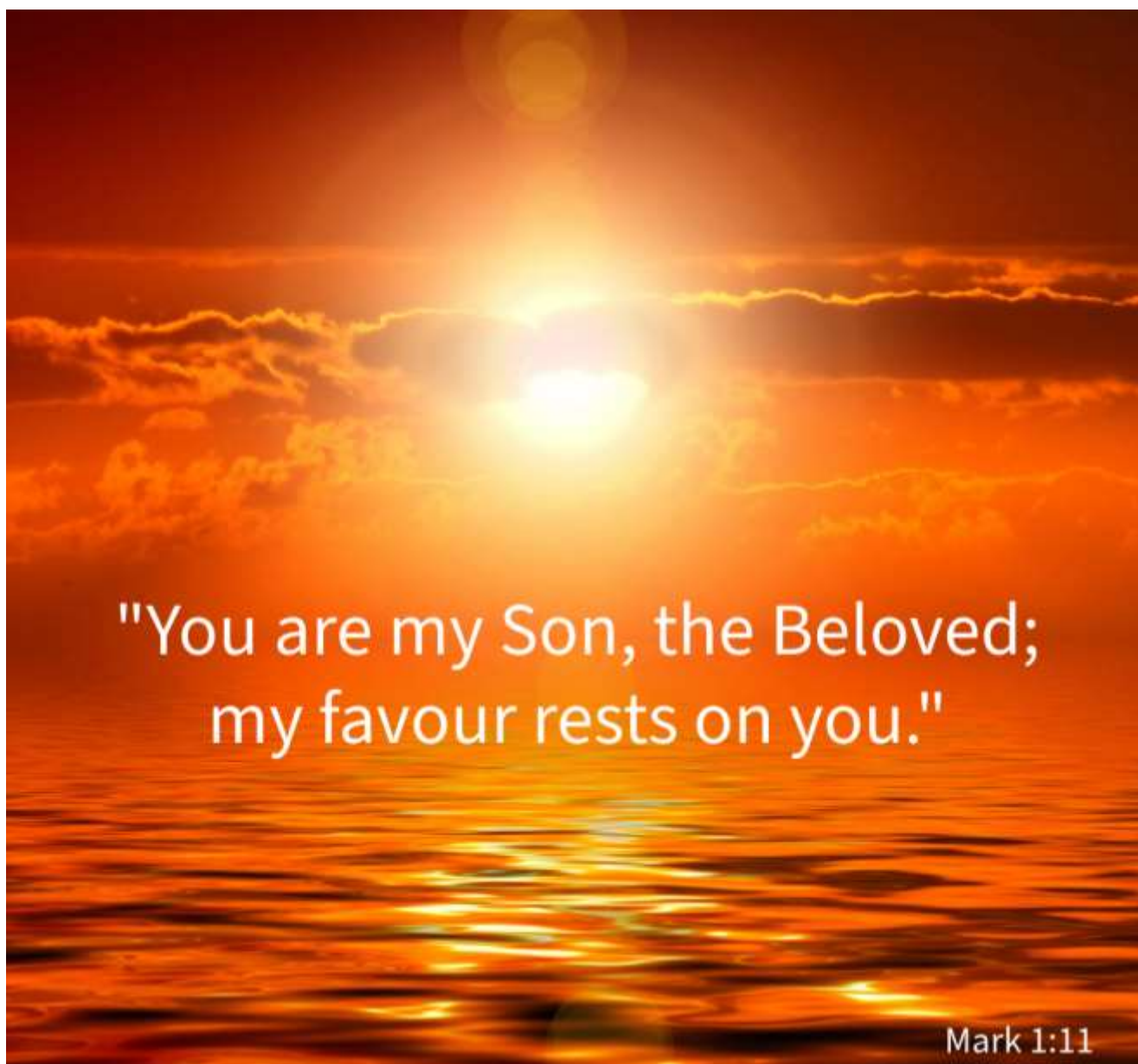
PYMBLE CATHOLIC PARISH

SACRED HEART & OUR LADY OF PERPETUAL SUCCOUR

Building a Christ-centred community of Love and Mercy

Pymble Parish is under the Pastoral care of the Salvatorian Fathers

CELEBRATING SALVATORIANS' 25TH ANNIVERSARY IN PYMBLE



Baptism of the Lord

Heavenly Father,
on this feast of the Baptism of the Lord,
we remember the day Your beloved Son
stepped into the waters of the Jordan
to sanctify all creation and open for us
the path of new life.

As the Spirit descended upon Him,
renew that same Spirit within our hearts.
Strengthen the grace of our own baptism,
that we may listen to Your voice,
walk in the light of Christ,
and serve our brothers and sisters with love.

May our lives reflect the dignity
You have bestowed upon us as Your children.
Through Christ our Lord.

Amen.

Parish Groups

Our Parish Groups are taking a break over the Christmas and New Year period, and will resume as below:

RCIA: Thursday, 8 January

Charismatic Prayer Group:

Tuesday, 3 February

Men's Fellowship: Tuesday, 4 February

Bible Study: Friday, 6 February

We look forward to you joining us again in 2026!



Pope Leo XIV's
official prayer
intention for
January

For Prayer with Word of God

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.



Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ, Saviour of the world, you called Francis Mary of the Cross Jordan to be your apostle, to make God known and loved by all people everywhere, using all the means your love inspires. You filled him with universal apostolic zeal, with a deep trust in God's loving providence, with a profound spirit of prayer, with a sincere devotion to Mary, Mother of the Saviour, and with the courage to follow you, even into the mystery of the Cross.

Grant also to me the grace to proclaim the Gospel in this spirit, and make me an effective apostle in today's world.

Through the intercession of Blessed Francis Jordan, I pray to you for my special needs (include your personal intention). I make this prayer through you, my Saviour, who lives and reigns with the Father and the Holy Spirit, forever and ever. Amen.

www.sds.org.au



We welcome to Pymble Parish
the newest member of
our community

Cooper

who will be baptised
this weekend at our Parish.

**A warm welcome
to all our
Parishioners and
visitors who are
participating in
Mass with us this
weekend.**



Parish Team	
Pastoral care Salvatorian Fathers Parish Priest: Fr. Ireneusz Czech SDS Email: fr.irek@pymblecatholicparish.org.au Youtube: youtube.com/@IreneuszCzech	Youtube QR code: 
Parish Staff Parish Secretary: Claudia Chen Email: claudia@pymblecatholicparish.org.au Sacramental & CCD Coordinator: Rebecca Lloyd-Jones Email: rebecca@pymblecatholicparish.org.au	
Parish Mass Times	
Sacred Heart 2 Richard Porter Way, Pymble NSW 2073 Weekdays: Tuesday to Friday 9:00am Rosary: Tuesday to Friday after morning Mass Exposition of the Blessed Sacrament: Friday after morning Mass Weekend: Sunday: 9:30 am, 6:00 pm	
Reconciliation: Tuesday - Friday 8:45am Sunday 9:15am, 5:30 pm	
Our Lady of Perpetual Succour 64 Kendall St, West Pymble, NSW, 2073 Weekend: Saturday: 9:00 am Saturday: 5:00 pm (Vigil Mass) Sunday: 8:00 am (Quiet Mass)	
Reconciliation: Saturday 9:30am, 4:45am Sunday 7:45am	
Contact details	
Address: 2 Richard Porter Way, Pymble, NSW 2073 Postal address: PO BOX 231 Turramurra NSW 2074 Telephone: (02) 9144 2702 Email: office@pymblecatholicparish.org.au Website: www.pymblecatholicparish.org.au Office hours: Monday to Thursday 8:30am to 3:30pm & Friday 9am to 3:30pm	
For information about Weddings please contact the Parish Office. For information about the sacraments of Baptism, Confirmation, Reconciliation and First Eucharist, please contact Rebecca	
Giving at the Parish	
The First Collection goes to the upkeep of the clergy, Salvatorian Regional Office and the Broken Bay Diocese sustentation funds.	
The Second Collection goes towards maintaining our Churches and the upkeep of the Parish, supporting the ministries of our Parish (including our Sacramental programs and Catechist work), helping us continue our good works.	
Thank you for your ongoing support.	

Parish Primary Schools
Sacred Heart Principal: Kerry Paxton Telephone: (02) 7256 2142 www.shpdbb.catholic.edu.au
Our Lady of Perpetual Succour Principal: Jodi Jefferson Telephone: (02) 7256 2101 www.olpsdbb.catholic.edu.au



PYMBLE PARISH

2026 ROSTERS



We are currently preparing the 2026 Rosters.
We need your help to continue making our Parish vibrant and welcoming!

Current Volunteers
If you are currently on the 2025 roster and would like to continue in 2026, please let us know.

New Volunteers Welcome!
Interested in joining? We'd love to hear from you! There are many ways you can contribute:

- Readers
- Acolytes
- Altar Servers
- Altar Society
- Counters
- Children's Liturgy
- Eucharistic Ministers
- Music & Projector Team
- Welcome Ministers
- Wardens

How to Sign Up or Confirm

- Speak to one of our parish team members after Mass.
- Contact us via email at office@pymblecatholicparish.org.au
- Call the parish office at 02 9144 2702.

Let's work together to make 2026 a wonderful year for our Parish!





Yes, you can be a Catechist!

Are you looking for a new way to give back to the community? Have you thought about volunteering? You may or may not be aware, but there is a shortage of volunteers instructing Catholic children in public schools in our local area. As baptised Catholics, we are called to share the Good News of Jesus Christ and one of the most rewarding ways to fulfil this call is to be part of the parish team of Catechists. Classes run weekly for 30 minutes in both primary and secondary schools. If you would like more information, please email Rebecca@pymblecatholicparish.org.au

WHAT’S ON IN OUR PARISH THIS WEEK

Saturday, 10 January
9:00am Mass at OLPS with Morning Prayer (Breviary)
5:00pm Mass at OLPS

Sunday, 11 January
The Baptism of the Lord (Feast)
8:00am Mass at OLPS (quiet)
9:30am Mass at Sacred Heart
6:00pm Mass at Sacred Heart

Tuesday, 13 January
St Hilary, bishop, doctor (Optional)
9:00am Mass at Sacred Heart

Wednesday, 14 January
9:00am Mass at Sacred Heart

*The Rosary is recited after all weekday Masses at Sacred Heart Church
and after 9am Saturday Mass at OLPS*

Thursday, 15 January
9:00am Mass at Sacred Heart

Friday, 16 January
9:00am Mass at Sacred Heart followed by Adoration and Litany
to the Sacred Heart of Jesus

Saturday, 17 January
St Anthony, abbot (Memorial)
9:00am Mass at OLPS with Morning Prayer (Breviary)
5:00pm Mass at OLPS

Sunday, 18 January
8:00am Mass at OLPS (quiet)
9:30am Mass at Sacred Heart
5:30pm Reconciliation at Sacred Heart
6:00pm Mass at Sacred Heart

Parish Prayer Zone

Praying for others gets our focus off ourselves and onto the needs of those around us. As we “carry each other’s burdens,” we “will fulfil the law of

Recently Deceased:
Daisy Chiu, Tom Ryan, Diana Tam, Sandra Sinclair, Joe Pereira, John Clark, Ada Yu, Joe Pereira, Anthony Machado, Graham Lynch, Gilbert Tomlinson

Death Anniversaries:
Peter O’Sullivan, Elizabeth Megawati Bambang, Joe Dias, Joan Catherine Bernie, Bernardino Castillo, Frances Pettengill, Frieda Nassar, Rosario S. Ortiz, Serofin Peralta Jr

Prayers for the sick:
Cindy Chung, Stan Brataniec, Craig Shepherd, Daniel Fileman, Maria Witebsky, Jan Drobczyk, Janusz Czech, Elliot Leahy

Monthly prayer intention:
This month we pray that we may find new opportunities to serve those in need during Advent as we prepare for the coming of Christ. Amen.

If you would like the names of your relatives to be included in the prayer list (anniversary of deaths, recently deceased, illnesses, wedding celebration or anniversaries, birthdays, etc.) please contact the Parish Office by midday each Wednesday. Remember that due to privacy policy, names of the sick can only be put on the bulletin with permission of the immediate family. This list will be updated every month and we would appreciate if we are advised of any updates. Thank you.

Serra Vocations Prayer Calendar— January 2026

Please pray daily for all clergy using the prayer provided on the side.
Additionally, say a prayer each day for the priests listed in the calendar below .

◀ December	January 2026						February ▶
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
			1 Bishop Anthony Randazzo	2 Bishop Emeritus David Walker	3 Bishop Emeritus Robert McGuckin	4 Fr Colin Blayney	
5 Fr Stephen Hill	6 Fr Timothy Raj MSFS	7 Fr Alex Peter MSFS	8 Fr Vincent Lourduswamy MSFS	9 Fr Michael Belonio OSA	10 Fr Michael Sullivan OSA	11 Fr Jumbin Torres OSA	
12 Fr John Zhang OSA	13 Father Van Tu Nguyen OSA	14 Fr Robert Borg	15 Fr Jim McKeon	16 Fr Aldrin Valdehueva	17 Fr Vince Casey Fr John Hill	18 Fr Greg Chee OCD	
19 Fr Gerard Moran OCD	20 Fr Sunny Peackal OCD	21 Fr Restituto Ogismer cs	22 Fr Jose Aliro Gutierrez cs	23 Fr Savino Bernardi cs	24 Deacon Roberto Corpuz	25 Deacon Richard Houwing	
26 Deacon Adrian Gomez	27 Deacon Paul Simmons	28 Deacon Kevin Hale Deacon Kevin McGregor	29 Fr Ireneusz Czech SDS	30 Fr Brendan Lee Fr Anoop Devasia	31 Deacon Peter McCulloch		

DAILY PRAYER FOR VOCATIONS



Heavenly Father, we praise You for Your goodness and thank You for Your gifts. Help us respond to and live out our mission in the Church. Assist all Your people to know their vocation in life and help them to prepare for it. Call many to be priests, deacons and consecrated men and women for Your greater glory, and for the service of Your people. Give those whom You call the grace to respond generously and to persevere faithful. We ask this through Christ our Lord.

Amen.

Bible Study Christmas Get Together

Just before Christmas our Pymble Bible Study Group gathered together to celebrate the past year's fellowship and friendship. We are looking forward to another year of growing our faith together. If you would like to join us, please contact the Parish Office for further details. We meet every Friday morning online at 10am.



Help Us Bring a Grand Piano to Sacred Heart

We've been blessed with an opportunity to purchase a quality second-hand grand piano—an instrument that will really enrich our Masses and Liturgy celebrations, and support our musicians. It will be a great addition to our beautiful Sacred Heart Church. The total cost, including removal costs will be approximately \$2,500.

If you feel able to contribute, big or small, your generosity will help make this wonderful addition to our church a reality. Thank you for supporting the gift of music in our parish.



Leave a Legacy



A GIFT IN YOUR WILL — YOUR LEGACY

After providing for family members in your Will, have you ever considered leaving a Gift directly to your local Parish?

This is called a Legacy, Bequest of Gift in Will.

Over the years, many people who have left a special connection to their Faith have left part of their estate to the Parish. Like a gift to a charity, a gift in your Will to the Church ensures other members of our community receive the spiritual care and guidance that has been so important to you and your family.

YOUR PARISH

Many parishes are in need of funding to restore buildings, improve facilities and expand on services for the community. The pastoral outreach that has been important to you will continue for our children, our grandchildren and future generations of Catholics.

If you would like more information on Gifts in Wills, please contact Fr. Ireneusz.
Email: Fr.ireneusz@pymblecatholicparish.org.au

SAVE THE DATE



Cocktail Party



**SAT
07
FEB
2026**

OLPS Church
Following 5pm Mass



DAVID (PG-13) is a breathtaking animated musical epic from Angel Studios, opening in our theaters from 15 January 2026. **Note**, the opening date for DAVID has been reset from the previous schedule in December.

This movie is an ideal family outing that will inspire children and parents alike to reflect on the Christmas message and embrace Christ-like leadership in their own lives.

David's story begins in quiet devotion, from the songs of his mother's heart.

When the giant Goliath rises to terrorise a nation, the young shepherd armed with only a sling, a few stones and unshakable faith steps forward.

Pursued by power and driven by purpose, he tests the limits of loyalty, love and courage – culminating in a battle not just for a crown, but for the soul of a kingdom.

This vibrant new film presents the beloved biblical story through the bold, faithful eyes of young David - from shepherd boy in Bethlehem to the throne of Israel. Featuring groundbreaking animation, powerful original music, and an outstanding voice cast including Phil Wickham as David and Lauren Daigle as Rebecca, DAVID beautifully highlights themes of courage, humility, and complete trust in God.



Salvatorian Fathers' 25 Years in Pymble

Twenty-five years ago, the Salvatorian priests arrived in NSW, stepping into "the waters" of Pymble Catholic Parish. We had our first Salvatorian Parish Priest **Fr Tadeusz Seremet SDS** arrive who started his ministry on 13 January 2001.

The Salvatorians brought with them a new style of evangelisation that many parishioners hadn't experienced before. Since then, they have been part of the stories of the people of the Sacred Heart and OLPS Churches. The year 2001 was a fresh start for our community, just as every Baptism is a new beginning for those immersed in the water.

Since 2001, Salvatorian priests who have served in the Pymble Parish include: Fr George Kolodziej, Fr Dariusz Basiaga, Fr Mariusz Adamczyk, Fr Zygmunt Wloczek, Fr Roman Wroblewski, Fr Robert Masternak, Fr Boguslaw Loska, Fr Greg Skulski, Fr Christopher Kowalczyk, Fr Ireneusz Czech, Fr Paul Tran, and Fr Lukasz Kleczka.

We thank you Lord for our dedicated priests who continue to serve you, and continue to pray for God's many blessings for all of the Salvatorian priests who have ministered in the past, the present and those who will serve in the future. Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus. Inspire them with the vision of your Kingdom.

Please inform the Parish Office if you have recently changed your address, phone number or email. For Parishioners who give via credit card, please let us know if your credit card has expired or if you have changed your card.

Thank you!

Christmas at Frank Baxter Youth Justice Centre

Late last year, our parish and Gosford Parish worked together to purchase Christmas gifts for the young people at Frank Baxter Youth Justice Centre, located in Kariong near Gosford. This initiative was a first for our parish and proved to be an impactful means of demonstrating Christian love within our diocese. Alongside Gosford Parish, the target of \$1750 was easily reached and surpassed as a result of the incredible generosity of many parishioners. We were able to purchase a larger number of gifts than initially planned, and include more in each, with a surplus remaining that can be utilised at later stage to benefit those at the Centre. 80 sets of gifts were prepared for a constantly fluctuating resident population of around 60-70 young males.

Each young person received a copy of Luke's Gospel, a Christmas prayer card, a beach towel, and some lollies. On 22 December, three members from our two parishes had the privilege of personally delivering the gifts to the residents at the Centre. It was an occasion of blessing and joy for those involved and a unique opportunity to make a meaningful connection with the youth and staff there.

A huge thank you to everyone who contributed to make this such a special Christmas for those at the Youth Centre. Thank you to Arran for arranging this wonderful initiative.

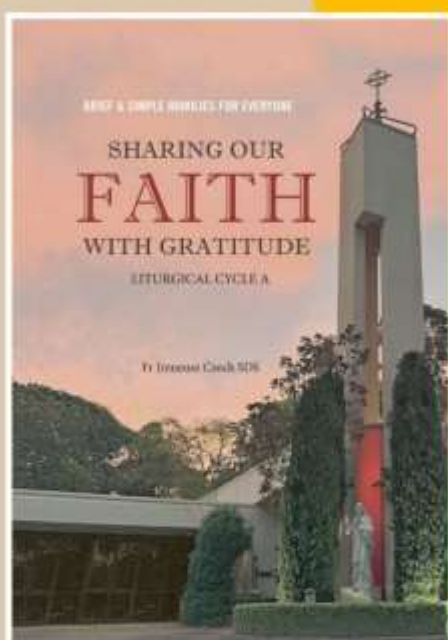


Brief and Simple Homilies for Everyone Sharing Our Faith With Gratitude Liturgical Cycle A

By Ireneusz Czech SDS

Dedicated to the Salvatorian Priests and to the Faithful of Pymble Catholic Parish in grateful recognition of their devoted service and cooperation in building a Christ-centred community of love and mercy for the past twenty-five years

A chapter for each Sunday with the Gospel passage followed by reflections and meditations tailored to that day's themes



Available for Kindle from Amazon at the link below

tinyurl.com/bdd455ek

Paper copy available in parish churches \$30ea



The Salvatorians in Pymble 25 Year Anniversary

Twenty five years ago, the Salvatorians arrived in Pymble. Over those 25 years, 13 Polish priests have served here living with us in Pymble. We all have memories of those times. We would like to capture some of those memories - photographs or brief comments on your time with our Salvatorians. The intention is that we will publish a short booklet containing a selection of these memories. **Can you help?**

If you have memorable photographs, or brief stories of your contact with the Salvatorians that you would like to share, then please pass them on to the Parish office.



Please submit electronic material via the link below. Photographs should be JPG or PNG files, and written material should be TXT or Microsoft Word files. Not all submissions will be able to be published.



For further information, please contact the Parish office.

Please send submissions via: tinyurl.com/mr4x5e9r

02 9144 2702 | www.pymblecatholicparish.org.au



Entrance Antiphon Cf. Mt 3: 16-17

After the Lord was baptised, the heavens were opened,
and the Spirit descended upon him like a dove,
and the voice of the Father thundered:
This is my beloved Son, with whom I am well pleased.

First Reading Isaiah 42: 1-4, 6-7

A reading from the prophet Isaiah

Thus says the Lord:

Here is my servant whom I uphold,
my chosen one in whom my soul delights.
I have endowed him with my spirit
that he may bring true justice to the nations.

He does not cry out or shout aloud,
or make his voice heard in the streets.
He does not break the crushed reed,
nor quench the wavering flame.

Faithfully he brings true justice;
he will neither waver, nor be crushed
until true justice is established on earth,
for the islands are awaiting his law.

I, the Lord, have called you to serve the cause
of right;
I have taken you by the hand and formed you;
I have appointed you as covenant of the
people and light of the nations,

to open the eyes of the blind,
to free captives from prison,
and those who live in darkness from the
dungeon.

Responsorial Psalm Ps 28: 1-4, 9-10 R. v 11

(R.) The Lord will bless his people with peace.

1. O give the Lord you sons of God,
give the Lord glory and power;
give the Lord the glory of his name.
Adore the Lord in his holy court. **(R.)**
2. The Lord's voice resounding on the
waters,
the Lord on the immensity of waters;
the voice of the Lord, full of power,
the voice of the Lord, full of splendour. **(R.)**
3. The God of glory thunders.
In his temple they all cry: 'Glory!'
The Lord sat enthroned over the flood;
the Lord sits as king for ever. **(R.)**

Second Reading Acts 10: 34-38

A reading from the Acts of the Apostles

Peter addressed Cornelius and his household:
'The truth I have now come to realise' he said
'is that God does not have favourites, but that
anybody of any nationality who fears God and
does what is right is acceptable to him.

'It is true, God sent his word to the people
of Israel, and it was to them that the good
news of peace was brought by Jesus Christ –
but Jesus Christ is Lord of all men. You must
have heard about the recent happenings in
Judaea; about Jesus of Nazareth and how he
began in Galilee, after John had been
preaching baptism. God had anointed him with
the Holy Spirit and with power, and because
God was with him, Jesus went about doing
good and curing all who had fallen into the
power of the devil.'

Gospel Acclamation See Mark 9: 8

Alleluia, alleluia!

The heavens were opened and the Father's
voice was heard:
this is my beloved Son, hear him.
Alleluia!

Gospel Matthew 3: 13-17

A reading from the holy Gospel according to Matthew

Jesus came from Galilee to the Jordan to be
baptised by John. John tried to dissuade him.
'It is I who need baptism from you,' he said
'and yet you come to me!' But Jesus replied,
'Leave it like this for the time being; it is fitting
that we should, in this way, do all that
righteousness demands.' At this, John gave in
to him.

As soon as Jesus was baptised he came up
from the water, and suddenly the heavens
opened and he saw the Spirit of God
descending like a dove and coming down on
him. A voice spoke from heaven, 'This is my
Son, the Beloved; my favour rests on him.'

Gospel Reflection

Meditation: Why did Jesus, the Sinless One,
submit himself to John's baptism at the River
Jordan? John preached a baptism of
repentance for the forgiveness of sins (Luke
3:3). In this humble submission of Jesus we see
a foreshadowing of the "baptism" of his
bloody death upon the cross. Jesus' baptism is
the acceptance and the beginning of his
mission as God's suffering Servant (Isaiah 42:1-
4). He allowed himself to be numbered among
sinners. Jesus submitted himself entirely to his
Father's will. Out of love he consented to this
baptism of death for the remission of our sins.
Do you know the joy of trust and submission
to God?

Jesus' baptism - beginning of a new creation

The Father proclaimed his entire delight in his
Son and spoke audibly for all to hear. The Holy
Spirit, too, was present as he anointed Jesus
for his ministry which began that day as he
rose from the waters of the Jordan river. Jesus
will be the source of the Spirit for all who

come to believe in him. At his baptism the
heavens were opened and the waters were
sanctified by the descent of Jesus and the
Holy Spirit, signifying the beginning of a new
creation.

Heaven will open for those who bow before the Lord

How can we enter into the mystery of Jesus'
humble self-abasement and baptism? Gregory
of Nazianzus (329-389 AD), an early church
father tells us:

*"Let us be buried with Christ by Baptism to rise
with him; let us go down with him to be raised
with him; and let us rise with him to be glorified
with him."*

Do you want to see your life transformed in
the likeness of Christ? And do you want to
become a more effective instrument of the
Gospel? Examine Jesus' humility and ask the
Holy Spirit to forge this same attitude in your
heart. As you do, heaven will open for you as
well.

The Holy Spirit transforms us in the likeness of Jesus

The Lord Jesus is ever ready to renew and
refashion us in his likeness through the gift
and working of the Holy Spirit - and he anoints
us for mission as ambassadors of his kingdom
of righteousness (moral goodness), peace,
and joy (Romans 14:17). We are called to be
the "light" and salt" of his kingdom that
radiate the beauty and aroma of his mercy
and goodness to those around us (Matthew
5:13,15-16). The Lord Jesus wants his love and
truth to shine through us that many others
may find new life, freedom, and joy in the
Holy Spirit. Ask the Lord Jesus to fill you with
his Holy Spirit that you may radiate the joy of
the Gospel to those around you.

***Lord Jesus, fill me with your Holy Spirit and
with the fire of your love and goodness. May I
always find joy and delight in seeking to please
you in doing your will just as you have
delighted in the joy of pleasing your Father
and doing his will.***

© Servants of the Word 2026

To access Fr Irek's homily on
YouTube, please scan the
QR code or click on this link:
youtube.com/watch?v=d1rSaJygVqw



Pymble Parish Roster - 17 & 18 January 2026		
Sacred Heart (Pymble)	Sunday 9:30am	Sunday 6pm
Acolytes	E Leahy	A Wahab
Altar Servers	Volunteers needed	Volunteers needed
Readers	Volunteers needed	Volunteers needed
Altar Society	17 January: Paulette / Rosani	
Counters	18 January: P Ward / M Tang	
OLPS (West Pymble)	Saturday 5:00pm	Sunday 8:00am
Acolytes	C Parbury	M D'Silva
Altar Servers	Alonso & Isabella	Volunteers needed
Readers	D Stephenson	H Roche
Altar Cloth	17 January: A Glover	

Children's Corner

Draw Jesus being baptised in the river by John the Baptist.

Gospel
 Luke 3:15-16. 21-22

A feeling of expectancy had grown among the people, who were beginning to think that John might be the Christ, so John declared before them all, 'I baptise you with water, but someone is coming, someone who is more powerful than I am, and I am not fit to undo the strap of his sandals; he will baptise you with the Holy Spirit and fire.'

Now when all the people had been baptised and while Jesus after his own baptism was at prayer, heaven opened and the Holy Spirit descended on him in bodily shape, like a dove. And a voice came from heaven, 'You are my Son, the Beloved; my favour rests on you.'

The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers.



Candle

Water

Symbolizes the Holy Spirit

Symbolizes life, cleansing and growth

Symbolizes purity and freedom from sin

Symbolizes the emergence from darkness into the light

Dove

White Gown

When were you baptized?

Where were you baptized?

Who are your Godparents?

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Parish Safeguarding

Dear Parishioners,

We take our responsibility to safeguard the vulnerable, whether they be children, the young, the elderly or the disabled very seriously. We work to ensure that no one is taken advantage of within our Parish.

If you have any concern about the treatment of a child, young person or anyone within our parish environment, please approach myself directly or Claudia within the parish office on 02 9144 2702.

Alternatively, you may wish to contact Pamela Sweeney, Safeguarding Manager (Chancery & Churches) on 02 8379 1651.

Yours in Christ,

Fr Ireneusz Czech SDS

Children, the young, and the vulnerable must be safe

Supported by adults who ...

CARE for us as we are a precious gift from God

RESPECT our rights, abilities, contributions, needs and wishes

ASK us how we are feeling and what we are thinking, ask us what we need

LISTEN to what we are really saying

TELL us about dangers – and what's being done to protect us

SEE what other adults are doing, and how they are behaving

DO what they are supposed to do and what they say they will do

STEP UP AND SPEAK OUT when we are being hurt, bullied or treated badly.

"Christ has no hands, no feet on earth but yours. Yours are the eyes through which he looks with compassion on this world."

- attributed to St Teresa of Ávila



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